

# Healthcare Programs

# NEWSLETTER

CONCORDIA UNIVERSITY IRVINE:  
UNDERGRADUATE & GRADUATE HEALTHCARE PROGRAMS

## In this issue:

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## Happy New Year!

In this Spring issue of the Healthcare Programs Newsletter, we're sharing some of our top tips to be successful with online learning. You'll also get to learn more about Dr. Wozniak and your MHA Student Council. We congratulate our Summer and Fall graduates, as well as Dr. Sinardi on her award from ACHE. Mark your calendars for upcoming events and opportunities to connect this semester!

**Wishing you and your family a happy and healthy year ahead!**



CONCORDIA  
UNIVERSITY  
IRVINE

# 10 Tips to Succeed in an Online Program

1. **Manage your time.** Make arrangements for other responsibilities, make note of major assignments, and check in regularly throughout the term.
2. **Communicate.** Stay in contact with your professors and academic advisors, reach out to your fellow classmates with questions and concerns, and keep your family and friends in the loop about school.
3. **Stay organized.** Set reminders to check discussion boards, keep your digital and physical space in order, and minimize distractions by only keeping relevant browsers open while working.
4. **Create a productive learning environment.** Keep your space organized, create folders to organize digital documents, and have snacks and water on hand.
5. **Use your peers as a resource.** Reach out to your fellow classmates when you have a question and be willing to reciprocate when they have questions in return.
6. **Work ahead.** Take advantage of having knowledge of assignments in advance and knock out things before they are due.
7. **Use Concordia's online resources.** Use the library and research tools, Writing Studio, Grammarly, and CUI IT Knowledge Base.
8. **Establish a rhythm** that works for you (i.e. when to read, when to post, review, and respond to discussion boards, when to work on assignments, when to complete assignments, etc).
9. **Apply what you are learning** outside the classroom and look for real-life examples.
10. **Share what you are learning** with others outside of school. Explaining what you're learning to someone else is an effective learning strategy.

# GET TO KNOW: Dr. Tayah Wozniak

**Q: What are your hobbies?**

**A: I love going to the beach and walking our dogs.**

**Q: What are you passionate about?**

**A: I am passionate about my faith in Jesus and sharing the gospel with everyone.**

**Q: What is on your bucket list?**

**A: I would love to go to Africa and go on a safari.**

**Q: What's your favorite meal?**

**A: I love sushi!**

**Q: Did you play any sports in high school?**

**A: I played Volleyball and ran track, specifically hurdle events in high school.**

**Q: If you could live anywhere for a year, where would you live?**

**A: I think it would be fun to live in Kauai for a short time.**



**Dr. Wozniak has a Bachelor of Science in Molecular Biology from Azusa Pacific University, a Masters of Public Health in sociocultural diversity in health from the University of California, Irvine, and a Ph.D. in Health and Strategic Communication from Chapman University**

**Q: Do you have any advice for students?**

**A: Always be proactive! It is never too early to start researching future careers and get involved in the field of public health through volunteering, interning, and working. Also, build connections when you can! I encourage each student to find what area of public health they are most passionate about and pursue those passions. Public health professions are diverse and interdisciplinary, so staying true to your interests and pursuing those endeavors is important.**

**Q: Which courses do you enjoy teaching most in the program?**

**A: I love teaching anything research related including biostatistics, methods of research, and applied research in public health. I am passionate about public health research, and I enjoy encouraging and mentoring graduate students in their pursuit of conducting research in their respective specialty areas. MPH 599, specifically, is one of my favorites to teach as it is a critical culmination of all that our Master of Public Health program students have learned and a valuable application of coursework and interests.**





# MASTER OF HEALTHCARE ADMINISTRATION GRADUATES

**Lauren Williams, MHA**

Summer 2022

**Bryant Hernandez, MHA**

Summer 2022

**Aaron Mason, MHA**

Summer 2022

**Marcela Perez, MHA**

Summer 2022

**Juwane Damon, MHA**

Summer 2022

**Ralph Villar, MHA**

Summer 2022

**Lahaina Pacaoan, MHA**

Summer 2022

**Adrian Martinez, MHA**

Summer 2022

**Elvin Mercado, MHA**

Summer 2022

**Agape Kansiime, MHA**

Summer 2022

**Jasmin Dresser, MHA**

Summer 2022

**Michelle Nguyen, MHA**


Summer 2022

**Tayler Young, MHA**

Summer 2022

**MK Hammoudeh, MHA**

Summer 2022



# MASTER OF HEALTHCARE ADMINISTRATION GRADUATES

**Christy Cortez, MHA**

Summer 2022

**Ngoc Vu, MHA**

Summer 2022

**Ajay Kahlon, MHA**

Summer 2022

**Glory Fung, MHA**

Summer 2022

**Raquel Coleman, MHA**

Summer 2022

**Stephanie Morales, MHA**

Summer 2022

**Kelsea Sweeney, MHA**

Summer 2022

**Luis “Artie” Hernandez, MHA**

Fall 2022

**Linh Vo, MHA**

Fall 2022

**Lizzeth Romero, MHA**

Fall 2022

**Jessica Nguyen, MHA**

Fall 2022

**Samuel Bautista, MHA**

Fall 2022

**Amari Jones, MHA**

Fall 2022

**Meriem Tighilt, MHA**

Fall 2022



# MASTER OF PUBLIC HEALTH GRADUATES

**Kemberly Rodriguez, MPH**

Summer 2022

**Rachel Weinstein, MPH**

Summer 2022

**Alan Kim, MPH**

Summer 2022

**Tim Cilly, MPH**

Summer 2022

**Satin Asadi, MPH**

Summer 2022

**Kathy Swanson, MPH**

Summer 2022

**Madison Baba, MPH**

Summer 2022

**Madison Baba, MPH**

Summer 2022

**Lindsey McGee, MPH**

Fall 2022

**Briana Hamlet, MPH**

Fall 2022

**Tara Bowsher, MPH**

Fall 2022

**Marni Flagg, MPH**

Fall 2022

**Kristen West, MPH**

Fall 2022

**Congratulations to CUI's first two MPH cohorts to graduate!**

# MEET the TEAM

## STUDENT COUNCIL



### **Holly Hatchel (Spring '24): President**

*B.A. Healthcare Management, Minor in Pre-Nursing, Concordia University, Irvine*

Community Relations and Marketing at Therapy 2000

Holly strives to create unity and support for the students through their academic, career, and personal development. Concordia has always been a family and she hopes to expand inclusivity, diversity, and community within the program and develop strong relationships between students and faculty. She is passionate about her current role and I would love to continue a career in marketing and business development as a director and leader. She would also love to utilize her MHA to teach the next generation of healthcare leaders



### **William Goh (Summer '23): Vice President**

*B.S. Health Science, Minor Psychology Chapman University*

Healthcare Risk Specialist for Sutter Health

Will hopes the student council can help MHA students instill better self-understanding through community events and education. s such, his vision for the student council is primarily focused on what he wished he experienced during his time, and he hopes to present these opportunities to the current and prospective student body. Will plans to go into health consulting or further into risk management. He understands how important it is to maintain a healthy career-oriented mindset, and he hopes to be a part of that process to help others achieve their goals.



# MEET the TEAM

## STUDENT COUNCIL



### **Ani Azarian (Summer '23): Secretary**

*B.S. Psychology, California State University, Northridge*

Operations Assistant at Vital Nurse Services

Ani's hope is to help bring a voice to the students and organize events to help them succeed and grow as future healthcare leaders. She aspires to help underserved communities by making sure they receive quality healthcare.

**The Master of Healthcare Administration Student Council was founded in August 2022 with the focus of developing and expanding a community of support and encouragement for the student body that will exceed the boundaries of the program. We strive to aid in academic excellence and provide support for students in all areas of their graduate and professional journey. As a council, we are so excited to welcome you all and work together to continue to provide a community of support for the students!**

**-Holly Hatchel, President**

# American College of Healthcare

## Executives

# REGENT'S AWARD

# 2022

In December 2022, Dr. Catherine Sinardi, was recognized by American College of Healthcare Executives (ACHE) with the Regent's Award. The Regent's Award recognizes ACHE members who have made significant contributions to the advancement of healthcare management excellence and the achievement of ACHE's goals. Members are evaluated on leadership ability, innovative and creative management, executive capability in developing their own organization and promoting its growth in stature in the community, contributions to the development of others in the healthcare profession, leadership in state, local or provincial hospital and health association activities, participation in civic/community activities and projects, participation in ACHE activities, and interest in assisting ACHE in achieving its objectives.

**Congratulations, Dr. Sinardi!**









# Events & Connect

## MHA Professional Development Day

March 25, 2023

## ACHE College Bowl

Friday, April 21, 2023

@ Concordia

## MHA & MPH Program Preview Night

Tuesday, May 2, 2023

5:30 PM



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cuiconnect.com

