

### **Unifying Theme**

Jean Watson's Philosophy of the Science of Caring in Nursing has been threaded through the curriculum. Watson's 10 Carative Factors encompass the qualities that are essential in establishing therapeutic communication and relationships between the client/patient and the nurse. These factors are incorporated into specific courses. The common themes in Watson's model are:

1. Humanistic /altruistic value system (At Concordia, these flow from, and are a response to, God's love of all people, as seen in His sacrifice of His Son, Jesus Christ, for the salvation of all humankind).
2. Faith and hope
3. Sensitivity and empathy
4. Helping-trusting relationships
5. Promotion and acceptance of both positive and negative feelings in Communication
6. Scientific problem-solving
7. Interpersonal teaching /learning
8. Mental, physical, socio-cultural, spiritual support, protection, correction and safety
9. Gratification of human needs
10. Allowances for existential-phenomenological forces that may affect the caring experience.

In addition to Watson's Model, other specific strands are woven throughout the program. They are:

1. Nursing process/therapeutic care competence
2. Professional role development/teaching/learning
3. Communication
4. Research process
5. Cultural awareness and competence
6. Watson's Carative Factors/Caritas Processes
7. Development of Values