

Transformation TriSystems & Lois Tiedemann

presents

Transformational Success:

How do YOU define success in work and life?

- You will create your own definition of success and be able to answer these questions:
“What is success?” “What does it mean to the world?” “What does it mean to me – mentally, physically and Spiritually?”
- Create weekly success plans for your personal and professional development and work/life balance
- Create a clear vision for your life now and your future
- Have daily accountability in fulfilling your most success-filled seven weeks of your life!
- Hear amazing guest speakers that will help “shape” your success in self/health/wealth management
- Learn skills to develop habits for “fitness” in the work place while living your purpose in life – designing a life in a balanced way, not just making a living
- Finish with a presentation that build confidence, clarity of purpose and foster dynamic speaking skills

Lois Tiedemann is a professional speaker and Transformational Success Coach. She started early in sales at age 22 and has had many successes and life lessons as a sales professional as well as achievements as a multiple time marathoner and Ironman Triathlete. She is most passionate about her several years of coaching and training business professionals, and helping lead thousands of athletes cross their own finish lines in endurance races. In 2007, she founded her company, Transformation TriSystems, which is a personal growth and professional development company designed to help people create balance between their personal and professional lives – mentally, physically and Spiritually.



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P.S. No one succeeds alone! Sign up today!

TRANSFORMATION TRISYSTEMS

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www.5TimeManagementTips.com & www.TransformationTriSystems.com