RN to BSN Course Descriptions

**NURS 300: Professional Nursing Practice & Higher Education – 3 units (Hybrid)**
This course is designed to prepare the student to successfully matriculate through higher education. The course offers content related to time management, professionalism, learning and study skills. Included as well is information related to nursing informatics.

**NURS 205: Pathophysiology – 2 units**
This course is designed to provide an understanding of common physiological disruptions that contribute to an imbalance in homeostasis. Common disruptions that interfere with physical systems, their manifestations, and both their medical as well as nursing management will be discussed. An exploration of the role of nurses in optimizing patients’ health status will also be presented. The student will be exposed to the elements that relate to pain, its management, and the nursing role in management.

**NURS 401: Health Assessment – 3 units (Hybrid)**
This course is designed to provide theory and clinical skills for complete advanced patient physical assessments utilizing a holistic examination of the client. Refinement of assessment skills includes interviewing, history taking, physical examination and appropriate documentation while considering the relationship to prevention and early detection of diseases in multicultural clients across the lifespan.

**NURS 402: Theoretical & Conceptual Foundations in Nursing - 3 units (Hybrid)**
This course provides the student with the necessary tools to synthesize theories and concepts into nursing practice. The focus includes exploration and comparison of nursing theories with particular attention placed on Watson’s Philosophy and Science of Caring Model. Selected theories from nursing and related fields are also examined and evaluated with emphasis on teaching/learning principles.

**NURS 403: Community Health Nursing Theory – 2 units**
Students will be prepared to assess the health needs of individuals, families, aggregates and communities. Application of the nursing process will be discussed related to the present and potential diseases and illnesses that present themselves in communities. The goal of this course is to prepare students to understand the theories of communicable disease and be able to promote a community’s health status. The analysis of relevant data will prepare the student to practice evidence-based nursing care. Healthy People 2020 Objectives will be threaded throughout the course.

**NURS 494: Community Health Nursing Clinical – 2 units**
Students will utilize knowledge of community/public health concepts in the community. This course will provide the student with opportunities to apply community health theory to community/public health settings. The length of this clinical experience will be sufficient so that the student will be eligible to apply for a public health certificate in the state of California. The experiences will be relevant to aggregates across the lifespan.

**NURS 404: Wellness Care – Alternative Therapies – 3 units (Hybrid)**
This course of study provides an analysis of health promotion and preventive care by preparing students to assess risk, facilitate lifestyle changes and look beyond disease management and towards the use of a holistic caring framework. This course explores avenues of holistic comprehensive nursing focusing on the mind, body and spirit. The student will also explore complementary and alternative therapies and their role in health care.
NURS 405: Nursing Research – 2 units
This course introduces the basic processes of conducting research with an emphasis on nursing research needs. Students will apply a conceptual framework to a group research proposal. The course will also allow for comparison between research and the nursing process. Content includes application of data and utilization of research in practice.

NURS 406: Leadership & Management Practices Theory – 3 units
This course explores organizational strategies as well as the principles and theories of effective leadership and management in nursing. Theories and concepts of professional practice are applied to improve the quality of care and enhance patient outcomes.

NURS 400: Leadership & Management Practices Clinical – 2 units
Application of management and leadership theories and skills in student-selected and faculty approved clinical settings. Focus is on interaction and socialization into a selected aspect of the professional role. The student will build on their existing skills to supervise various categories of healthcare workers, critically think and apply research and theory to their clinical practice.

NURS 407: Cultural Care Competence – 3 units (Hybrid)
This course will promote understanding about the influence of cultural values, beliefs and practices on healthcare decisions. Specific ethnic groups will be explored in terms of lifestyles, healthcare decisions and cultural care modalities. Students will compare and contrast the beliefs that are common to various ethnic groups to the standard healthcare practices in the U.S. Students will enhance their abilities to plan nursing interventions that are culturally sensitive and incorporate each client’s input.

NURS 408: Professional Trends & Issues in Nursing – 3 units (Online)
This course will assist students to explore current social trends and issues facing professional contemporary practices in nursing today. Analysis of the contemporary image of nursing and the student’s own beliefs regarding nursing issues will be explored. Students will familiarize themselves with the requirements of the California Nurse Practice Act, ANA standards, and the JCAHO standards of practice. The course will also include factors and trends that influence health care in the U.S. and the world. Students will have the opportunity to analyze political, legislative and regulatory policies.

PHI 467: Bioethics and Health Care Professionals – 3 units
An examination of ethical issues raised by modern advances in healthcare and biological research. Students will examine both philosophical and theological approaches to ethics. Special attention will be given to contemporary developments in both religious and philosophical ethics and to possibilities of dialogue between philosophical theories, religious voices and biblical ethics. Study of philosophical and theological approaches will be closely tied to a range of concrete cases and narratives likely to be encountered by today’s healthcare professionals.